# Gluten-Free

We practice caution in preparing our gluten-free items and do our best to produce a gluten-free product. We are not a gluten-free environment and therefore there is a possibility for food to come in contact with wheat gluten. Consider this information for your individual requirements and needs.

#### **Starters**

Soup of the day GF Cup 4.50 bowl 5.50

Garden Salad LC V GF choice of gluten-free dressing 4.95

Hummus Platter LC V GF marinated Wisconsin Feta, fresh vegetables 8.95

### **Entrees**

Grilled Chicken GF pommery sauce, fresh vegetables, side of brown size 17.05

side of brown rice 13.95

Grilled Alaska

**Salmon** GF fresh vegetables, side of brown rice 15.95

#### **Salads**

Mandarin
Chicken Salad LCGF
mixed greens, grilled
chicken breast, red
peppers, green onions,
almonds, water chestnuts,
pea pods, Signature
Toasted Sesame
dressing 11.95

Maurice Salad GF ham, turkey, Wisconsin Monterey Jack, lettuce, egg, sweet gherkins, olives and our Signature Maurice dressing 11.95

#### Gluten-Free Dressings:

Signature Toasted Sesame Signature Maurice White balsamic vinaigrette Oil and vinegar

# Sandwich

**Smoked Turkey Sandwich** GF provolone, lettuce, tomato, Dijon mustard on gluten-free whole grain bread

choose side of: fruit, garden salad, or hummus & veggies 10.50

## Dessert

2 Scoops of Ice Cream GF 3.00

Ask your server about menu items that are cooked to order or served raw. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

Check out www.macysrestaurants.com to see exact calorie and nutritional information on our featured healthy dishes. Enjoy!

LC less than 650 calories V vegetarian GF gluten-free