

Gluten Free

BELIEVE IN THE WONDER OF GIVING

We practice caution in preparing our gluten-free items and do our best to produce a gluten-free product. We are not a gluten-free environment and therefore there is a possibility for food to come in contact with wheat gluten. Consider this information for your individual requirements and needs.

Starters

Soup of the day

cup 4.50 bowl 5.50

Garden Salad **LC** **V**

choice of gluten-free dressing 4.95

Hummus Platter **LC** **V**

marinated Wisconsin Feta, fresh vegetables 8.95

Entrees

Grilled Chicken

pommery sauce, fresh vegetables, whipped potatoes 13.95

Grilled Alaskan Salmon

fresh vegetables, side of brown rice 18.95

Sandwich

Turkey Sandwich **LC**

provolone, lettuce, tomato, Dijon mustard on gluten-free whole grain bread choose side of: fruit, garden salad, or hummus & veggies 10.50

Salads

Mandarin Chicken Salad **LC**

mixed greens, grilled chicken breast, red peppers, green onions, almonds, water chestnuts, pea pods, Signature Toasted Sesame dressing 11.95

Apple Cider

Roasted Acorn Squash & Wild Rice Salad **LC** **V**

mixed greens, smoked Gouda, dried cranberries, green onion, carrots, toasted pumpkin seeds, vinaigrette made with Stonewall Kitchen Apple Cider Jam 10.95 add chicken 12.95

Maurice Salad

ham, turkey, Monterey Jack, lettuce, egg, sweet gherkins, olives and our Signature Maurice dressing 11.95

Gluten-Free Dressings:

Signature Toasted Sesame
Signature Maurice
White balsamic vinaigrette
Oil and vinegar
Apple cider vinaigrette

Dessert

Caramel Macchiato Pot de Crème **LC**

Stonewall Kitchen Sea Salt Caramel Sauce, chocolate custard, white chocolate mousse 3.95

Ask your server about menu items that are cooked to order or served raw. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. Check out www.macysrestaurants.com to see exact calorie and nutritional information on our featured healthy dishes. Enjoy!

LC less than 650 calories **V** vegetarian